



LEGAL REF.: Wisconsin Statutes

Sections 118.00 (Instruction program goals)

118.12 (Sales of goods at school)

118.33(1) (Graduation requirements [including health and  
physical education credits])

120.13 (Board power to a4J ET BT 1 0 po to



4. The Family and Consumer Sciences Curriculum will support the philosophy that lifelong quality of life is dependent on students having the

4. Schools will utilize newsletters, articles, take-home materials, or other means to encourage parents/guardians to provide a healthy breakfast for their children at home or through the National School Breakfast Program
- C. Nutritional quality of foods and beverages sold and served through the School Meals Programs
1. School Meals – Meals served through the National School Lunch and Breakfast Programs will:
    - a. Meet, at a minimum, nutrition requirements established by state and federal statutes and regulations. Foods from reimbursable meals will, over the course of five days, derive no more than 30 percent of their total calories from fat and less than 10 percent of their total calories from saturated fats. Foods from reimbursable meals will provide one-third of the recommended dietary allowances (RDA) for lunch and one-fourth of the RDA for breakfast.
    - b. Offer a variety of fruits and vegetables daily with at

3. Booster clubs should be in service on the sale of nutrient dense foods (i.e., whole grains, fresh fruits and vegetables).
4. Items sold through vending machines will comply with the Nutrition Standards for All Foods Sold in Schools, also known as the Smart Snack Rules.

#### E. Wellness Committee

1. The district's Wellness Committee shall consist of the following members: coordinator of athletics, activities, health, physical education, and recreation (co-chair), director of food services (co-chair), staff members (e.g., school nurse and physical education and marketing education teachers), parent representatives, and student representatives.
2. The Wellness Committee will monitor implementation of the District's Wellness Policy, evaluate policy progress, serve as a resource to school sites, and revisit the policy annually.
3. The Wellness Committee will meet at least three times per year.